

PCA Program

UNITED CEREBRAL PALSY OF METROBOSTON

- We are more than our name -

What is the PCA Program?

The PCA Program is a MassHealth funded program which enables an individual with a disability to hire attendants to assist with personal care in the home. The PCA Program is self-directed, giving you complete control of your care; not only do you select your own PCA, but you will also determine exactly how and when your care is delivered. Just about anyone can be your PCA except for your spouse or legal guardian.



What can your PCA do?

A Personal Care Attendant can provide physical assistance to help you with activities of daily living and certain tasks around your home which may include:

- Bathing and grooming
- Dressing and undressing
- Mobility and transfers
- Taking your medication
- Range of motion exercises
- Using the bathroom
- Eating and preparing your meals
- Laundry, shopping and light housekeeping
- Other tasks if medically necessary

We believe in supporting happy, healthy, lives!

Eligibility

People of all ages, disabilities, and backgrounds may be eligible for PCA services if they desire to live in the community. The following criteria must be met in order to qualify:

- Be MassHealth eligible (Standard or Common Health)
- Have a permanent or chronic disability
- Require physical assistance with two or more activities of daily living
- Have a physician confirm that PCA services are medically necessary

Why Choose UCP?

For over 65 years, UCP has provided supports and services to individuals with cerebral palsy and various physical, developmental and intellectual disabilities promoting the full inclusion in all aspects of society. UCP has formed community partnerships utilizing resources and opportunities throughout the MetroBoston region to enable individuals to live life to the fullest!



Applying for Services

If you or someone you know would like more information, contact the PCA Referral Coordinator at:

United Cerebral Palsy of MetroBoston
71 Arsenal Street, Watertown, MA 02472

Telephone: 617.926.5480

Website: www.ucpboston.org

Find us on Facebook:

www.facebook.com/UCPBoston



Life without limits for people with disabilities™