

Adult Family Care (AFC)

UNITED CEREBRAL PALSY OF METROBOSTON

- We are more than our name -

What is the AFC Program?

Adult Family Care, is a community-based program for adults who need daily assistance with personal care and cannot live alone safely. The member lives in a home with a caregiver who receives a monthly stipend in return for providing the necessary supervision and care. UCP of MetroBoston's team of healthcare professionals visit on a monthly basis to ensure the caregiver has the proper knowledge and resources to successfully care for and meet the needs of the individual requiring support.



Who can be a AFC Caregiver?

Almost anyone can be an AFC caregiver as long as he or she:

- Is at least 18 years old
- Does not abuse alcohol or drugs
- Is willing to share a home with the person needing services
- Is available and physically able to provide the care needed for the individual
- Is not the spouse or legal guardian of the member receiving services

We believe in supporting happy, healthy, lives!

Responsibilities of Caregiver

The caregiver is required to assist the person with whom they are living in the following ways:

- Provide meals, companionship, personal care assistance and supervision.
- Assist with medical appointments including scheduling and transportation.
- Monitor and report any significant changes in member's health
- Ensure that the home remains clean, safe and accessible to the needs of the individual

Member Eligibility



- Be over the age of 16
- Be MassHealth eligible (Standard or CommonHealth)
- Have a medical, physical, or cognitive condition that requires assistance or supervision daily to complete one or more of the following activities: bathing, dressing, and toileting, transferring, ambulating or eating

Why Choose UCP?

For over 65 years, UCP has provided supports and services to individuals with cerebral palsy and various physical, developmental and intellectual disabilities promoting the full inclusion in all aspects of society. UCP has formed community partnerships utilizing resources and opportunities throughout the MetroBoston region to enable individuals to live life to the fullest!

Applying for the AFC Program

If you or someone you know would like more information on either becoming a caregiver or an AFC member, please contact us at:

United Cerebral Palsy of MetroBoston
71 Arsenal Street, Watertown, MA 02472

Telephone: 617.926.5480

Website: www.ucpboston.org

Find us on Facebook:

www.facebook.com/UCPBoston

