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REHABILITATION HOSPITAL

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## **Relationships and Sexuality in Teens and Adults with Developmental Disabilities**

### **FOR PHYSICIANS AND OTHER CLINICAL STAFF**

Relationship and Sexuality Training will be held at Spaulding Rehabilitation Hospital in Charlestown. This program features strategies to have conversations about relationships and sexuality and is based on years of research as well as facilitating groups for teens and adults with developmental disabilities.

#### **TOPICS WILL INCLUDE:**

- Relationships Personal Boundaries
- Enhancing Self Esteem
- Body Rights
- Appropriate Identification and Expression of Feelings
- Personal Safety Skills
- Touching: Appropriate and Inappropriate
- Sexual Development and Education

#### **Speaker: Paula Thompson, LICSW, Program Specialist, EMARC**

Paula has over ten years of experience working with individuals with developmental disabilities. Over the past ten years Paula's experience includes; Assistant Director of Emarc's Family Support Center, running DESE/DDS programs at EMARC and completing the DDS Sexuality Education Train the Trainer at the Hogan Regional Center in May 2010.

**For more information please contact Contact Diane Paris at 617.952.5226 or email: [dmparis@partners.org](mailto:dmparis@partners.org)**

#### **FREE EVENT**

#### **WHEN**

**Tuesday, November 8  
6:30-9:00 pm**

#### **LOCATION**

**Spaulding Rehabilitation Hospital  
300 First Avenue  
Charlestown, MA**  
*Food will be provided*

#### **TO REGISTER**

**Contact Diane Paris at  
617.952.5226**

or

**[dmparis@partners.org](mailto:dmparis@partners.org)**

Pre-registration required.

This program will also be offered to parents of Teens and Adults with Developmental Disabilities on **November 2 from 6:30-9:30 pm.**



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